

# WE ARE FPCM

**INTRO:** When we think of goals and resolutions, we tend to focus on ourselves. After all, today's culture is hyper-focused on the individual. But Paul has another way of seeing things. What if our goals were focused on serving Christ and others rather than ourselves alone? This is what it means to **Be Third**, our first Way of the Week.

1. In Ephesians 4, Paul invites us to **Be Third**. When was the last time you felt called to embrace change in your life because of Christ? How did you respond?

## **READ Ephesians 4:1–6**

1. How many times does Paul use the word “one?” Why does this word matter so much?
2. Look at verse 4. What is our “one hope” at FPCM?
3. What behaviors does Paul call for so we can truly be one in Christ?

## **SERMON QUESTIONS:**

1. What brings you joy at FPCM? What makes you excited to walk through the doors?
2. How is unity connected to God's grace?
3. What makes us resist unity? What causes you to avoid serving others and God?
4. Paul points out five behaviors that help us to cultivate unity and joy right where we are: humility, gentleness, patience, love and peace. Do these things require big or small change? How do these behaviors encourage us to **Be Third**?
5. What is one practice you can put into action this week to make your home, school, workplace and FPCM a place that is “thick with love?”

**OUTRO:** We reflect God's love to the world by choosing to **Be Third**. Unity and love require leadership that is rooted in Christ's grace and service. When we commit ourselves to this calling, we embody God's design for humanity—for your life and mine!

## **PRAY TOGETHER.**

(Pray for unity at FPCM and in the relationships in your life.)