

What to bring? Pack comfortable clothes and shoes, toiletries, a Bible, pens, and a journal.

Registration: Fill in this form and return to the church office or register online at www.fpcmoorestown.org/fallprayerretreat2018

Cost: \$275 study book included; \$260 for those who wish to purchase the book in advance.

Name: _____

Phone: _____

Email: _____

Note: Participants are responsible for their own transportation to and from the monastery. Rides can be shared.

Couples, please note:

My spouse and I wish to share a room _____

Checks should be made out to "First Presbyterian Church of Moorestown" In the memo line write: Holy Cross Prayer Retreat.

Registration forms and fees are due to the First Presbyterian Church Office by Sunday, November 3rd.

First Presbyterian Church of Moorestown
101 Bridgeboro Road
Moorestown, NJ 08057
Phone: (856) 235-1688
Email: sspencer@fpcmoorestown.org



Holy Cross Monastery

Located about an hour north of New York City and set high on the western bluffs of the Hudson River, Holy Cross Monastery is a Benedictine place of prayer of the Episcopal Church. The monks graciously welcome all who come. The monastery is a lovely setting with comfortable private rooms and simple yet exquisite meals. We join the monks in their five offices of prayer throughout the day. In the evening, starting at 9:00 p.m., we are invited to participate in the Greater Silence, a time for quiet that continues until the Eucharist.

For information on the monastery:
www.holycrossmonastery.com

If you are a first time visitor to Holy Cross click on the "Guest House" link on the main page for further information on the monastery.

First Presbyterian Church of Moorestown

Fall Prayer Retreat

November 19-22, 2019



Holy Cross Monastery
1615 Route 9W (or Broadway)
West Park, New York 12493

The Listening Life:

And Samuel replied, "Speak, your servant is listening."

1 Samuel 3: 10



Please Join Us

Pastor Stuart Spencer leads a study of the practice of listening—to God, each other and ourselves. Our retreat group meets together for sessions on the mornings and evenings of each day. Within those gatherings we learn, share, and pray. The days of the Prayer Retreat afford plenty of time for personal prayer, meditation, conversations, reflection, exploring the book store, hiking, and enjoying a delicious meal or a cup of coffee.

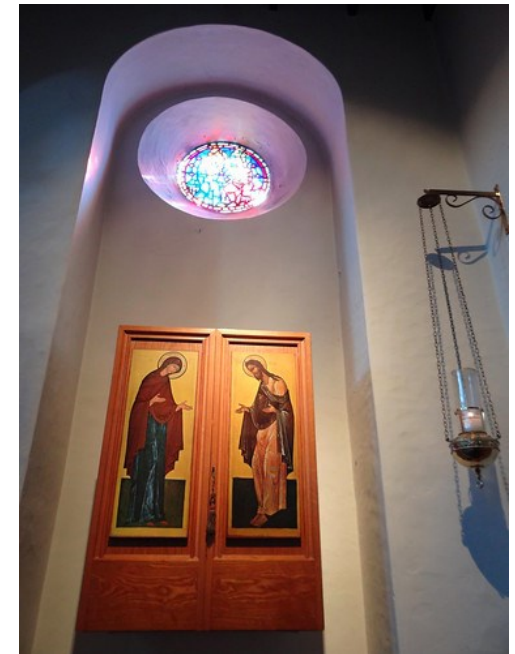
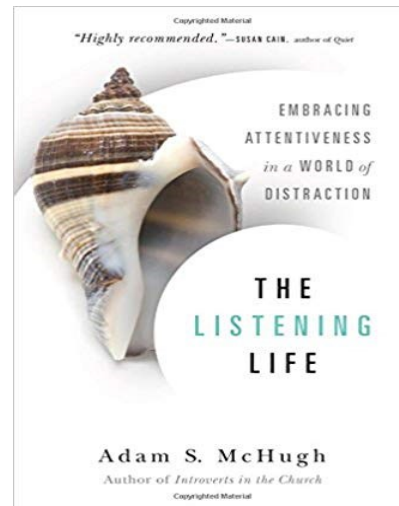
Join a group of friends from a number of churches at Holy Cross Monastery, an Episcopal Benedictine monastery; for time away from the rush and crushing pace of life. This three- night, four day retreat affords the time to step away from the regular demands of our lives and to enjoy a place of rest and welcome.

Our retreat begins on Tuesday, November 19th at 5:00 p.m. and concludes on Friday, November 22th following the noon meal.

The Listening Life

by Adam S. McHugh

"Be quick to listen, slow to speak." —James 1:19 How would our lives change if we approached every experience with the intention of listening first? In this noisy, distracting world, it is difficult to truly hear. People talk past each other, eager to be heard but somehow deaf to what is being said. Listening is an essential skill for healthy relationships, both with God and with other people. But it is more than that: listening is a way of life. Adam McHugh places listening at the heart of our spirituality, our relationships and our mission in the world. God himself is the God who hears, and we too can learn to hear what God may be saying through creation, through Scripture, through people. By cultivating a posture of listening, we become more attentive and engaged with those around us.



Listen carefully, my child, to my instructions, and attend to them with the ear of your heart . . . The labor of obedience will bring you back to God from whom you had drifted through the sloth of disobedience.

From the Prologue of the Rule of Benedict

