

**"FIND YOUR SLOW SUMMER"
Week One (August 5, 2020)**

Welcome to our new Wednesday Family Together time. We finished up the saltproject.org's "Great and Small." This month we will begin another one of their series called "Find Your Slow Summer." Each week it will give you a list of activities you can choose to do as a family along with scripture and a weekly dinner topic to discuss. So relax and enjoy each other's company, with intention and ease. These family together times can be used or adapted for any age; it is never too late or early to start.

We at the church are keeping you all in prayer each day. May God be at the center of your home! "Find Your Slow Summer" by the saltproject.org.

- Go on a picnic
- Go stargazing and see how many descendants of Abraham and Sarah you can count

I will indeed bless you, and I will make your offspring as numerous as the stars of heaven and as the sand that is on the seashore. - Genesis 22:17

- Make s'mores!
- Go on a hike
- Wash the car (and then have a water fight!)
- Play hopscotch or double dutch
- Make an indoor fort, fill it with pillows, and read all day long
- Take a sabbath from all your devices – listen for God's still small voice in the laughter of children, bird song, and the sounds of your neighborhood

"Remember to observe the Sabbath day by keeping it holy. – Exodus 20: 8 (NLT)

- ❖ **Weekly dinner conversation starter:** If you could ask God one question, what would it be?