

Malawi Trekkers Daily Prayer Guide July 7-18, 2023

Continue praying and keep alert. And when you pray, always thank God. Also, pray for us. Pray that God will give us an opportunity to tell people his message. Pray that we can preach the secret truth that God has made known about Christ. - Colossians 4: 2 – 3b, NLT

The Trip:

Urban Promise International has formed a team of cyclists who will be riding 300 miles from Lilongwe to Blantyre, Malawi, visiting Urban Promise ministry sites along the way. Our goal is to raise \$50,000 in support of children's programs at our African affiliates. Visit our trek site to learn more and to support a rider: <https://runsignup.com/Race/MW/Lilongwe/TrekMalawi2023>

The Team: *FPC Moorestown, NJ:* Jim Dugan, Pastor Stuart Spencer; *Urban Promise:* Bruce Main, Kevin Callahan, Jim Cummings, Bill Judd, and Larissa Smith; *Stewartsville Presbyterian Church, IL:* Pastor Stephen Park Choi; *Holman Enterprises, CA:* Kathy Templeton.

Please pray daily, following the Prayer Guide and for every Malawi Trekker Team member. Note that the time in Malawi is 6 hours ahead of the East Coast.

Friday/Saturday, July 7 & 8: The Team flies from Newark Airport to Johannesburg, South Africa. Some members fly from other parts of the country, while other members are already in Malawi. Pray that God will create a deep unity out of a genuine love for each other. Ask the Lord for his traveling mercies amid all the usual challenges of air travel. The Team will spend a night in Johannesburg.

Sunday, July 9: Most of the Team will fly today from South Africa to Lilongwe, the capital city of Malawi. There we'll be fitted with our bikes that we'll use for our trip. Travel management, including support on the road as we bike comes from the staff of Global Guides. Pray wisdom and discernment for those who will lead and support us on our rides. On the days we ride, we'll cycle 50 miles.

Monday, July 10: In the morning, we'll visit Life Coaching Ministries in Lilongwe. Our friend Hamilton Banda founded this ministry in 2022. Visit more at: <https://urbanpromiseinternational.org/ministry/life-coaching-ministries/>. We'll also see YouthCare Ministries. YouthCare is our oldest ministry in Malawi. It's celebrating 20 years. Programmatically it hosts two orphanages for girls and boys, a health clinic, a high school of 350 students, multiple Afterschool programs and summer camps. The Executive Director is Gomez Chirwa. Finally, we'll stop by Seeds of Promise and Threads of Promise. Seeds has a 50-acre farm and teaches alternative farming techniques to youth. Threads of Promise teaches young adults tailoring skills. They also run an outreach for over 300 children. The Executive Director is Maclane Onsewa, who helped with FPC Moorestown's Vacation Bible School.

Tuesday, July 11: We will visit Voices Awake in Salima. Voices is a residential home for girls who have been abandoned. The founder and Executive Director is Vanessa Mwangala. We'll also see Cornerstone Ministries. They have a high school for 350 students, an Afterschool program, a

summer camp, farming and leadership development for teenagers. The founder and Executive Director is Dennick Falinya. If time permits, we will see our friends at Love Driven Ministries. This ministry was started by Ishmael Adams and his wife Thoko. Ishmael was once a street kid who was rescued by YouthCare Ministries. He now has a vibrant AfterSchool program and summer camp reaching over 200 youth.

Wednesday, July 12: After breakfast, we bike around Southern Lakeshore to Cape Maclear. Malawi's Southern Lake Shore is home to the largest part of Lake Malawi National Park and protects beautiful and special regions of the lake. After lunch, we travel to Chembe Eagles Nest for the night.

Thursday, July 13: We ride to Liwonde National Park today. Pray for safety for us on the roads. Along the way, we'll pass through many villages where we'll have the opportunity to lots of people, particularly children.

Friday, July 14: This will be a day of rest for the Team. We'll enjoy a sunrise safari and later a water safari. The Lord made Malawi beautiful in so many ways. Ask God to renew our bodies and our souls.

Saturday, July 15: We'll cycle to Zomba, the highest point of our trip. Some of us may try to ride to the top of the mountain, others will take the bus. Stuart Spencer hopes to bike it!

Sunday, July 16: It's all downhill as we ride down the mountain to Blantyre. Once we've arrived, we'll visit Young and Empowered Ministries. This ministry was started by Dorothy Kamoto and Lucy Nkwinka. This is one of UPI's newer ministries. It runs an Afterschool program and summer camp. Also has a program called "Braids of Promise" that teaches teen mothers the art of hair braiding.

Monday/Tuesday, July 17 – 18: We begin our way home flying from Blantyre to Johannesburg and from Johannesburg to Cape Town. After a short stay, we fly back to the United States and Newark. Once more, pray for safety and traveling mercies.

Thank you for joining our trip through prayer. May the Lord bless all we meet and serve.



Pastor Stuart Spencer and Jim Dugan are ready for Trek Malawi