

I hope this message finds you and finds you well. As we prepare for the start of Lent I am excited to invite you to participate in a small group study entitled "Meeting Jesus at the Table." This 8-week study, beginning the week of February 11th, promises to be a meaningful and enriching journey as we explore the profound connections between Jesus and the act of sharing meals.

"Meeting Jesus at the Table" explores the numerous instances throughout the Gospels where Jesus shares a meal with his disciples, friends, tax collectors, and even Pharisees. The book, with its eight insightful chapters, provides a deep dive into biblical narratives, offering thought-provoking queries prompting personal and group reflection. As we consider what it means to be a "Grow the Kingdom" church, this study will help us reflect on Christ's personal invitation to each one of us through the Sacrament of Communion, our response to this invitation and Christ's challenge to be discipleship minded Christians who, in turn, go out and make disciples. Consider these questions over the course of the next few days:

Will you host a small group at your home, where you can share a meal with others from our church family and community?

Who will you invite to participate with you? Spouse? Colleague? Neighbor? Random person you are in line behind at Wegmans?

Coming together as a small group to explore these themes will help deepen our understanding of scripture and foster a greater sense of community and connection. Lent is a season of reflection — what better way to engage in introspective conversations than by sharing them with others over a meal?

If you are able to host, please fill out our Lenten Host Form <u>HERE</u> by Wednesday January 17th. Once received we will be in touch to discuss additional details and confirm the day and time. I am confident that our time together will be spiritually enriching and mutually rewarding. Learn more by watching <u>THIS</u> introductory video on <u>YouTube</u>.

Blessings,

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Wesley R. Allen, Associate Pastor First Presbyterian Church of Moorestown